

## COVID - Clinic and Home Based - Client Consent for Face To Face Treatment

### COVID-19 Informed Consent Form for Therapy Face to Face Treatment Sessions

Full Name

Date of Birth

### Coronavirus - COVID-19 - Information

Coronavirus (COVID-19) is a new virus. A virus is a type of illness. There are now a significant number of people in the UK who have got it and it is spread easily.

**How do I protect myself?**  
The best thing is regular and thorough hand washing, preferably with soap and water. Coronavirus spreads when an infected person coughs or sneezes small droplets - packed with the virus - into the air. These can be breathed in, or cause an infection if you touch a surface they have landed on, then your eyes, nose or mouth. So, coughing and sneezing into tissues, not touching your face with unwashed hands, and avoiding close contact with infected people are important. People will be most infectious when they have symptoms, but some may spread the virus even before they are sick.

### People at Higher Risk from Coronavirus

Coronavirus (COVID-19) can make anyone seriously ill. But for some people, the risk is higher. There are 2 levels of higher risk:

- High risk (clinically extremely vulnerable)
- Moderate risk (clinically vulnerable)

**Important**  
The lists below may not include everyone who's at higher risk from coronavirus and may change as we learn more about the virus.

Do you have any of these conditions?

Have you had an organ transplant  Yes

Having chemotherapy or antibody treatment for cancer, including immunotherapy  Yes

Having an intense course of radiotherapy for lung cancer  Yes

Having targeted cancer treatments  Yes

Have blood or bone marrow cancer  Yes

Diagnosed with severe lung condition (such as cystic fibrosis, severe asthma or severe COPD)  Yes

Have a condition that means you are at high risk of getting infections  Yes

are taking medicine that makes them much more likely to get infections (such as high doses of steroids or immunosuppressant medicine)  Yes

have a serious heart condition and are pregnant  Yes

Do you receive a SHIELDING letter from NHS England  Yes  No

Did You Answer No to All These  I answered NO to all the above questions

If you answered yes to any of these can you please describe in more detail

### People at Moderate Risk from Coronavirus

People at moderate risk (clinically vulnerable)

If you're at moderate risk from coronavirus, you can go out to work (if you cannot work from home) and for things like getting food or exercising. But you should try to stay at home as much as possible. It's very important you follow the general advice on social distancing, including staying at least 2 metres (3 steps) away from anyone you do not live with.

70 or older  Yes

have a lung condition that's not severe (such as asthma, COPD, emphysema or bronchitis)  Yes

have heart disease (such as heart failure)  Yes

have diabetes  Yes

have chronic kidney disease  Yes

have liver disease (such as hepatitis)  Yes

have a condition affecting the brain or nerves (such as Parkinson's disease, motor neurone disease, multiple sclerosis or cerebral palsy)  Yes

have a condition that means they have a high risk of getting infections  Yes

are taking medicine that can affect the immune system (such as low doses of steroids)  Yes

are very obese (a BMI of 40 or above)  Yes

are pregnant  Yes

Did You Answer No to All These  I answered NO to all the above questions

### How The Rehab Practice Protects our Clients and Staff

As a Healthcare company, the health and safety of our clients and staff are our priority. We have strictly followed the guidelines from Public Health England, The NHS, the Government and The Health Care Professional Council.

We are already successfully running our on-line TeleHealth service and now under recent guidelines we are able to see clients Face-to-Face where appropriate.

We therefore risk assess each individual request and use our clinical experience combined with information from this form to support the decision.

Neuro rehabilitation sometimes requires clinicians to work within the standard socially distancing guidelines and therefore we follow the recommended requirements of using Personal Protective Equipment (PPE)

All our staff are trained in using Personal Protective Equipment (PPE), for clinic sessions and for home visit, this includes wearing a face mask, apron, gloves and if appropriate a visor.

### Consenting to Face-To-Face Therapy Sessions at Home

I knowingly and willingly consent to having Face-to-Face therapy treatment in clinic/at home during the COVID-19 pandemic  by checking this box I understand and accept this statement

To prevent the spread of contagious viruses and to help protect each other, I understand that I will have to follow the clinician's strict guidelines  by checking this box I understand and accept this statement

I understand that due to the potential frequency of visits from the clinicians, the characteristics of the virus, and the characteristics of therapy services, that I have elevated the risk of contracting the virus by being seen by a clinician face to face  by checking this box I understand and accept this statement

I understand the COVID-19 virus has a long incubation period during which carriers of the virus may not show symptoms and still be highly contagious. It is impossible to determine who has it, and who does not, given the current limits in virus testing.  by checking this box I understand and accept this statement

I verify that I have not travelled outside the UK in the past 14 days to countries that have been affected by COVID-19  No, I have not travelled  Yes I have travelled

No, I have not travelled  Yes I have travelled

### Regular Pre-Session COVID On-Line Check Forms

In order to protect our clients, their families and our team, our staff fill in a daily COVID symptom check form.

We will also send you a COVID symptom checking form. This will be sent out the day before your session which is automated with your session appointment reminder.

We ask that you please fill it in as early as possible on the morning of the day you are due to be seen as without this for completed, our clinicians are would be unable to see you.

Public Health England and the Government advice is that COVID symptoms are recognised as:

High temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

Loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

If you have any of these symptoms, then you are advised to contact:

On-Line - <https://111.nhs.uk/covid-19/> or Phone - 111

I agree to inform The Neuro Rehab Practice if I have any of the symptoms of COVID  by checking this box I understand and accept this statement

I agree to complete an on-line form that will be sent to me before each therapy appointment confirming I don't have any COVID symptoms  by checking this box I understand and accept this statement

### The Process When Seeing a Clinician Face to Face

**The Process When Seeing a Clinician Face to Face in Clinic**  
If a Face-To-Face session is appropriate, we ask that you attend the clinic wearing a face covering as recommended by Public Health England.

Due to the necessary thorough cleaning between each client, we will have a reduction in the number of available appointment slots, reduced on-site admin/reception support with social distancing measures and staff wearing PPE.

Sessions will be spaced apart to limit people within the waiting area, hence we will be encouraging arrival at your given appointment time and ask clients to limit those that attend with you to one person only.

**The Process When Seeing a Clinician Face to Face at Your Home**  
If a Face-To-Face session is appropriate, the clinician(s) will arrive wearing a face mask with the necessary additional PPE in a plastic bag

Once you have asked the clinician inside, they will ask you to step 2 metres backward, to initially maintain social distancing.

They will then put on the rest of their PPE, which now allows them to be within 2 metres and they will continue with the session.

After the session, they will remove their PPE, but keep their face mask on. They will put all the PPE back in a bag and then dispose of this in your own home waste bin.

Should you have any questions about this process, please do contact us or speak with the attending clinician on the day.

### Informed Consent for Face-To-Face Therapy Sessions

I understand, have read, and completed this questionnaire truthfully. I agree that this constitutes full disclosure and that it supersedes any previous verbal or written disclosures.

I understand that this document is for my protection and the protection of other individuals and is a requirement by The Chartered Society of Physiotherapy, Public Health England and the Government.

I understand, have read, and completed this questionnaire truthfully.  Yes

I consent to receiving Face-to-Face therapy sessions in clinic/at home by The Neuro Rehab Practice clinicians  Yes

Submit >